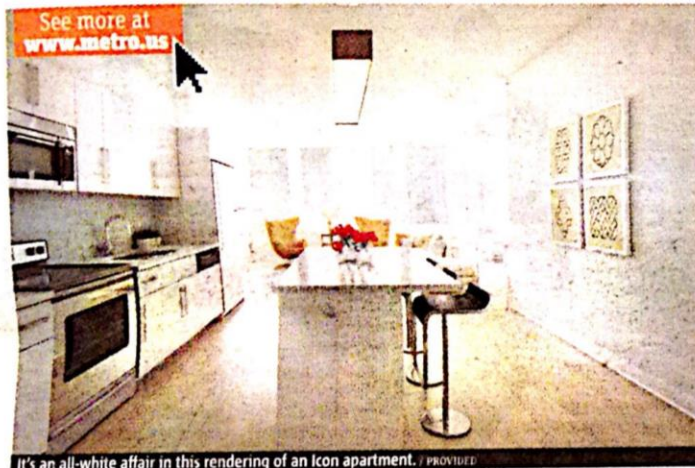




Apartments designed to make you healthier



No excuses. You'd better get a good night's sleep if your home has circadian lighting.

When luxe apartment building Icon, at 1616 Walnut, opens in a month, city dwellers will have no excuse for pasty winter skin or under-eye circles — not when they can just move into Icon and start every day with a vitamin C shower.

The newly renovated Art Deco building boasts a long list of upscale amenities, many focused on wellness. Take the floor dedicated to fitness, yoga and massages, or the sky deck with an herb garden

and gourmet demo kitchen for cooking classes. A bike share program is in the works, too. But what really pushes Icon over the healthy edge is the availability of Well Signature Residences, designed by Delos — a first in Philly.

"The gist is that you think about how your building interacts with the exterior environment. They make a building that interacts with human physiology. It's all backed by the Mayo Clinic," promises Kevin Michals of Cross Properties, speaking about twin brothers Paul and Peter Scialla of Delos. Cross owns Icon, in partnership with Alterra Property Group and Federal Capital Partners.

The Well Signature

Residences have blackout curtains and lighting designed to simulate dawn to encourage natural sleeping patterns; air and water filtration systems; antimicrobial coatings in bacteria-susceptible areas; and vitamin C-infused showers that, Michals says, neutralize the chlorine in the water.

Monthly rent for a "regular" apartment at Icon is about \$2,000 for a one-bedroom and \$3,000 for a two-bedroom, with the Well units priced 15 to 20 percent higher — though Michals did stress that the rent range is subject to change.

JULIA WEST
letters@metro.us



Icon's roof deck will have an herb garden. / PROVIDED

Student housing

Where to find Delos homes

Icon is the first in Philly to offer Well Signature Residences, but you'll find Delos' work scattered across the country, starting with the Meatpacking Loft in Manhattan. The brothers also created the Wellness Suites at Akron Children's Hospital in Ohio and the Stay Well rooms at the MGM Grand in Las Vegas. Local students will be getting healthier next fall when the Legacy of Drexel Arms at St. Joseph's University opens Well Signature Suites.

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